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## **ELECTROCARDIOGRAPHY METHOD FOR DETECTING SIGNS OF CARDIOVASCULAR DISEASE**

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### **Abstract**

Cardiovascular diseases (CVD) remain one of the leading causes of death worldwide. Effective diagnosis and early detection of cardiac pathologies are key factors in reducing the risk of complications and improving patients' quality of life. One of the most common, accessible, and informative methods of cardiac examination is electrocardiography (ECG). This method records the electrical activity of the heart and can detect a wide range of conditions, from arrhythmias to ischemic processes.

The essence of electrocardiography. Electrocardiography is based on recording the electrical potentials generated by the contraction and relaxation of the heart muscle. Electrodes placed on the skin's surface record the bioelectrical impulses, which are then converted into a graphical waveform—an electrocardiogram. The ECG reflects the sequence of depolarization and repolarization processes in the atrial and ventricular myocardium.

In the structure of population disability, diseases of the circulatory system also occupy the first place (21%), among which ischemic heart disease (9%), hypertension (4.5%), and cerebrovascular diseases (3%). The high mortality rate is caused by the geographic location of the Altai Krai (proximity to the Semipalatinsk test site), the dietary characteristics of the population (deficit of fruits and vegetables in the diet), seasonal fluctuations in blood counts (sharply continental climate), and other factors, as well as the lack of comprehensive laboratory diagnostics, which leads to the inadequacy of preventive and therapeutic measures.



## ***Modern American Journal of Medical and Health Sciences***

ISSN (E): 3067-803X

Volume 01, Issue 08, November, 2025

Website: [usajournals.org](http://usajournals.org)

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Given recent advances in understanding the pathogenesis of cardiovascular diseases and establishing the key role of lipid metabolism disorders in the development of vascular pathology, identifying the preclinical stages of these diseases and their complications, primarily based on laboratory risk factors, has acquired particular importance. The establishment of a clear system for identifying preclinical lipid metabolism disorders in many countries of Western Europe, America, and Japan, and the development of primary and secondary prevention methods for vascular disorders on this basis, has led to the progressive decline in cardiovascular disease observed in developed countries in recent years, resulting in overall mortality and an increase in life expectancy. Undoubtedly, the persistent increase in cardiovascular disease in Russia, with this indicator growing by 19.8% from 2013 to 2018, is due to our country's lag behind the civilized level of organization of systems for the prevention of these diseases and their complications [8].

It should be emphasized that the initial stages of hypertension and coronary heart disease are not accompanied by any clinical manifestations, due to the fact that many individuals are unaware of the advanced pathology. One in five patients with arterial hypertension, even after diagnosis, does not consider it necessary to receive appropriate medical advice. Consequently, the widespread use of specialized devices and techniques for identifying diagnostic signs of circulatory disorders and cardiac electrical activity is necessary in medical and outpatient facilities [9]. On the other hand, most physicians, focusing on the treatment of clinical forms of cardiovascular pathology, are poorly informed about modern methods for identifying and managing patients with preclinical stages of these diseases [7]. Therefore, a targeted search for informative indicators of the preclinical stage of cardiovascular disease is necessary.

**The aim of the work** is to develop new and expand existing methods of pattern recognition based on ANN technology to solve problems of automated diagnostics of cardiovascular diseases .

**The research methods used included** methods of processing information using artificial neural networks (ANN), pattern recognition methods (potential function method, iterative self-organizing method of data analysis - ISMAD),



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ISSN (E): 3067-803X

Volume 01, Issue 08, November, 2025

Website: [usajournals.org](http://usajournals.org)

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mathematical methods of function approximation, error theory and statistical methods of processing experimental data.

To achieve this goal, the following **main tasks were solved:**

1. Research of existing methods of classification of multidimensional data and development of a new method based on ANN training;
2. Research of direct and indirect methods for constructing membership functions of fuzzy sets and development of a modification of the indirect Osgood method based on perceptron learning;

**Research results:** At the regional level, conducting such research requires cost-effective and rational use of healthcare resources [3,5]. A pressing issue is the creation of regional specialized centers that develop and implement modern methods of diagnosis, prevention, treatment, and rehabilitation of specialized patients; and analyze morbidity and the effectiveness of its control. Taking this information into account, the importance of establishing specialized lipidology centers equipped with modern clinical and laboratory research methods becomes clear [1,8].

In connection with the above-mentioned prerequisites, in the city of Barnaul, where cardiovascular diseases are a major healthcare problem, the City Lipidology Center was opened in 2017. Its task is to conduct modern laboratory and non-invasive methods of studying cardiovascular diseases in order to prevent their occurrence.

In diagnosing atherosclerosis, the first manifestations of which can also be the last, resulting in sudden death, three levels of testing can be roughly distinguished. The first level involves assessing the overall health of the body, the positive and negative factors affecting health, and performing a blood serum analysis. The results are used to predict the risk of developing cardiovascular disease and guide risk factor correction. The second level identifies the general presence of vascular circulatory pathologies. The third level involves differential diagnosis of the disease.

Thus, for a comprehensive analysis of cardiovascular diseases, it is necessary to consider methods at all levels. Therefore, in this paper, to study the application of modern computer technologies in medical practice, widely used methods of



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ISSN (E): 3067-803X

Volume 01, Issue 08, November, 2025

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each level were selected, namely, clinical laboratory studies of dyslipoproteinemia (DLP) [4,5], rheography (RG) [7], and electrocardiography (ECG) [14].

The mathematical and algorithmic methods used in the aforementioned areas do not provide a high-quality representation of a number of emerging problems. Thus, in the task of laboratory diagnostics of identifying intermediate types of DLP, standard methods of cluster analysis do not allow for a clear identification of classes due to the blurring of their boundaries. The parametric approach to identifying circulatory pathologies in rheography does not take into account the general shape of the curve. Existing methods for recognizing the type of rheographic curves, such as structural and correlation methods [2,6], do not provide the required accuracy due to the relatively small number of adjustable parameters in the case of a wide variety of rheographic curves. For solving these problems, a promising method is the backpropagation of error for training an artificial neural network (ANN), which has not previously been used in clinical laboratory diagnostics of DLP and rheography [3,6].

In automated ECG diagnostics, the development of a method capable of ensuring high-quality diagnostics using parameters from all 12 ECG leads remains a pressing issue, as standard recognition methods, such as the potential function method, lead to solution instability in the high-dimensionality of this problem. The use of ANNs in electrocardiography has been limited to the development of diagnostic systems for recognizing a narrow class of pathologies with high reliability [2]. However, to solve differential diagnostic problems during mass population screening, it is necessary to expand the class of recognizable diseases. This approach leverages the advantages of ANNs, which are associated with their ability to process large volumes of fuzzy information and ensure a high percentage of pathology detection. However, the system may be inferior in the accuracy of identifying a specific type of disease compared to highly specialized systems.

Thus, the development of existing and new methods for processing clinical laboratory, rheographic and electrocardiographic data make it possible to solve



## *Modern American Journal of Medical and Health Sciences*

ISSN (E): 3067-803X

Volume 01, Issue 08, November, 2025

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the important problem of timely diagnosis and prevention of cardiovascular diseases at the early stages of their detection.

**Conclusions.** A method for detecting dyslipoproteinemias based on neural network technology, generalizing the standard Fredrickson scheme , and subsequent description of the biochemical profiles of dyslipoproteinemias based on the construction of membership functions of fuzzy sets, allows clinical laboratory diagnosticians to more flexibly implement primary and secondary prevention of vascular diseases and qualitatively improve drug and non-drug therapy for the correction of dyslipoproteinemias . This method for automatically identifying the main types of circulatory disorders based on training artificial neural networks using the entire rheographic curve allows for a significant increase in the reliability of recognizing blood flow disorders compared to the method of pre-calculating a list of rheogram indices and parameters .

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## ***Modern American Journal of Medical and Health Sciences***

**ISSN (E):** 3067-803X

**Volume 01, Issue 08, November, 2025**

**Website:** usajournals.org

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## ***Modern American Journal of Medical and Health Sciences***

**ISSN (E):** 3067-803X

**Volume 01, Issue 08, November, 2025**

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## ***Modern American Journal of Medical and Health Sciences***

**ISSN (E):** 3067-803X

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ISSN (E): 3067-803X

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ISSN (E): 3067-803X

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ISSN (E): 3067-803X

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ISSN (E): 3067-803X

Volume 01, Issue 08, November, 2025

Website: [usajournals.org](http://usajournals.org)

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