



THE IMPORTANCE OF NURSING SUPPORT IN ORGANIZING AND ASSESSING REHABILITATION PROCESSES IN BRONCHIAL ASTHMA

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Abstract

This article on bronchial asthma with sick patients' rehabilitation processes, organizational growth, and nursing evaluation helps illuminate. Nurses' patient education, treatment to the mode of compliance to reach provision, rehabilitation programs coordination, and clinical and psychological situation in the evaluation role analysis Diagrams through nursing interventions structure and assessment indicators are visually in appearance presented is being done.

Keywords: Bronchial asthma, rehabilitation, nursing help, life quality, evaluation.

Introduction

Bronchial asthma — chronic inflammatory breath disease is the patient's physical activity, psychoemotional status, and life quality noticeable impact shows. Modern approaches rehabilitation process only pharmacotherapy with not limited to, but also complex nursing care, inside takes.

1. Rehabilitation processes organization in the process of nursing help

1.1. Patient education and information to give

Nurses to patients and their families to its members :

- of the disease essence ;
- attacks brought issuer factors (allergens);
- inhaler and other medicines from the means of right use ;
- himself/ herself controls teaching skills.

1.2. Treatment of the mode compliance to provide

Nurse the patients to therapy to grow level monitors, determine problems, determine and eliminate them, to provide individual recommendations on giving.

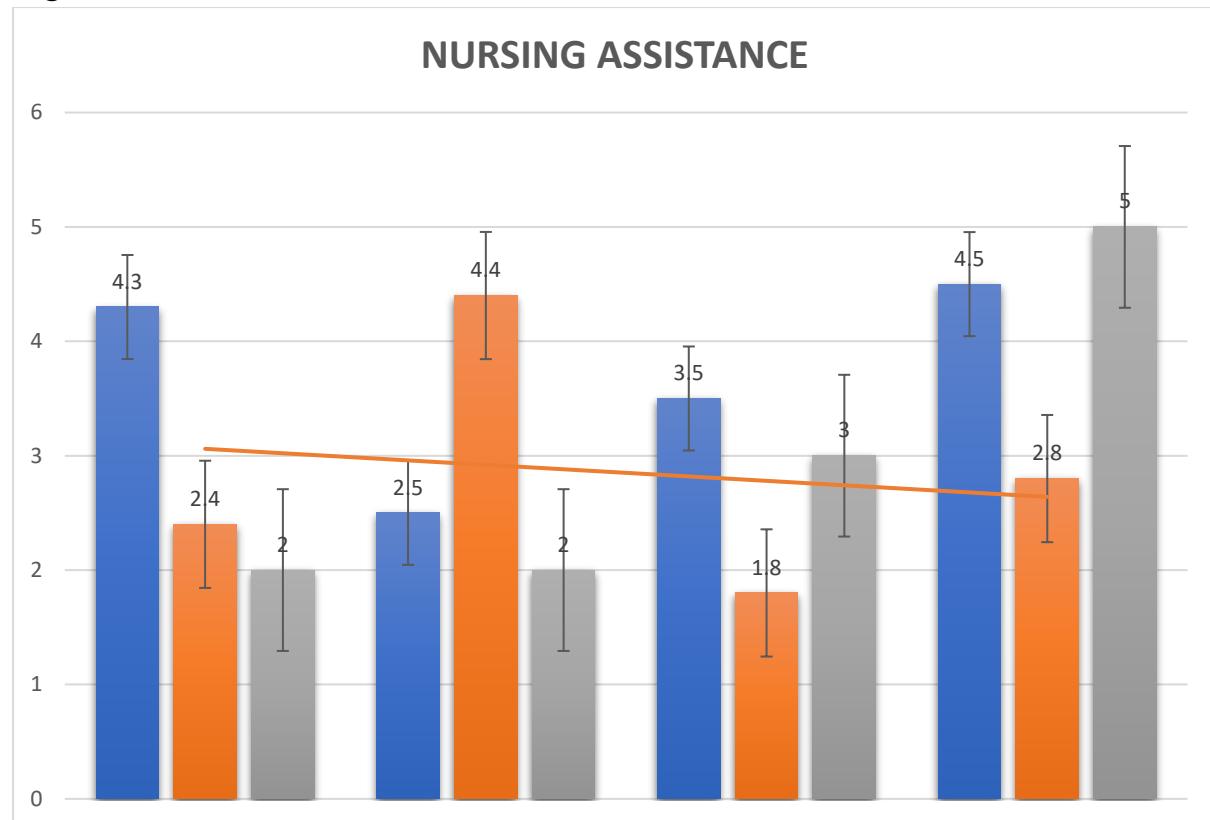
1.3. Rehabilitation programs coordination

Rehabilitation takes the following own inside takes :

- breath to take exercises ;
- physical activity step-by-step increase ;
- psychological support.

1.4. Environment control to do and patronage

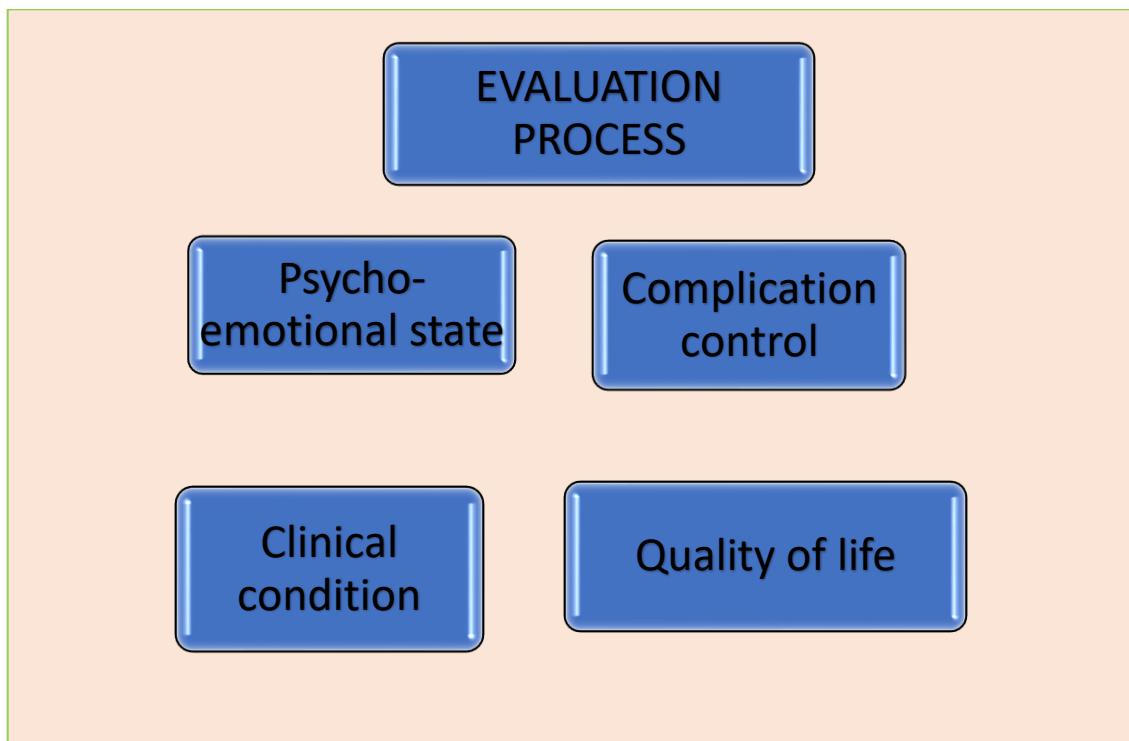
Nurses house under the circumstances, allergens are reduced according to recommendations given, and the outpatient clinic at the level of patronage service organization will reach.



**Diagram 1. Bronchial in asthma rehabilitation in the process of nursing
help structure**



2. Rehabilitation process in evaluation nursing help



2.1. Clinical situation assessment

Nurses following the indicators regularly evaluate:

- breath to take function (spirometry);
- symptom control ;
- attack frequency.

2.2. Life quality study

Special questionnaires using the patient's physical, social, and emotional status are evaluated.

2.3. Psychological situation to do

Anxiety and depressive symptoms determination, and necessary in cases under experts direction of experts, is increased.

2.4. Complications: early determination

Regular observation complications prevent to take and the disease control under hold to stand service does.



Diagram 2. Nursing evaluation main directions

Discussion

Research shows that nursing help active organizations perform rehabilitation processes for bronchial asthma attacks number reduces, improving treatment compliance to do improves and of life quality noticeable patients.

Conclusion

Conclusion as in other words, nursing help in the asthma rehabilitation process is inseparable and a solution provider. The patient's complex evaluation, effective teaching, and treatment compliance encouragement through disease control increases, and patients' life quality will improve.

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Modern American Journal of Medical and Health Sciences

ISSN (E): 3067-803X

Volume 01, Issue 09, December, 2025

Website: usajournals.org

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