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THE SIGNIFICANCE OF SOCIAL DEVELOPMENT IN EDUCATIONAL PROCESSES

Master Nurmatov E. O.

Abstract

The content of this article contains thoughts and opinions about the importance of social maturity in the educational process. Thoughts are given about the characteristics of the development of social maturity in the educational process.

Keywords: Social maturity, education, students, educational process, pedagogy.

Introduction

In recent years, scholars around the world have increasingly focused on exploring the complex relationship between social maturity and psychological maturity, as well as the distinctions that exist between these two concepts. A significant body of research has been devoted to understanding the interconnections between general human maturity and its social dimension, highlighting how these aspects influence the formation of an individual's personality and behavior in society. Particular attention has been given to examining the structural composition of social maturity, its defining characteristics, and the key components that contribute to the holistic development of personality maturity. Modern socio-psychological studies emphasize that social maturity plays a crucial role in shaping young individuals into socially responsible, self-aware, and resilient members of society. Research in this area seeks to determine the mechanisms through which social maturity develops, its stages, and the specific traits that distinguish a socially mature personality. Understanding these factors is essential for fostering the capacity to correctly perceive and interpret social reality, maintain emotional and behavioral stability in the face of life's challenges, and responsibly fulfill personal and

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social duties. In the context of educational and developmental psychology, scholars are particularly concerned with identifying the structural elements of social maturity in students. This includes studying cognitive, emotional, and behavioral indicators that collectively define a socially mature individual. By analyzing these features, educators and psychologists aim to devise effective strategies for guiding young people toward comprehensive personal maturity. Such strategies not only promote academic and social success but also ensure that individuals are better prepared to engage constructively in their communities and adapt to the dynamic demands of contemporary social life.

Implementation of five initiatives by the President of the Republic of Uzbekistan, which include comprehensive measures aimed at creating additional conditions for the education of students and youth, including attracting students and youth to culture and art, physical education and sports, increasing their literacy in the use of computer and Internet technologies, and increasing the intellectual potential, thinking and worldview of young people, strengthening their ideological immunity, patriotism, national interests Priorities were defined for the development and implementation of the concept of developing the spiritual and moral consciousness of students-youth, aimed at educating them as a well-rounded generation that lives with a sense of service. In order to ensure the performance of these tasks, the experts in the field of psychology have the opportunity to find new scientific solutions for studying the social maturity of students [1].

In the context of modern society, the comprehensive development of an individual and their formation as a well-rounded, socially responsible personality is inseparably linked to the education system. Education is not only a process of acquiring knowledge but also a powerful social institution that shapes a person's worldview, character, and social behavior. One of the essential outcomes of education in the 21st century is the formation of social maturity—a quality that encompasses an individual's conscious and active participation in the social environment, adherence to cultural norms of behavior, effective communication skills, teamwork abilities, and a strong sense of personal and social responsibility. Social maturity, therefore, is regarded as an integral

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component of the educational process and a key factor in the socialization of the younger generation.

Contemporary educational philosophy emphasizes that the learning process should not be confined to the transmission of theoretical knowledge alone. Instead, it must ensure the socially harmonious development of students, enabling them to become proactive, adaptive, and culturally competent members of society. From this perspective, the systematic formation and development of social maturity is considered one of the most significant tasks of the modern educational system. Within the scope of this research, the concept of social maturity, its role and significance in the educational process, and the effective methods of its development become focal points of analysis.

The Main Part

Education is universally acknowledged as one of the primary driving forces of human development. The social, cultural, and economic progress of any society fundamentally depends on the emergence of a well-rounded and socially active generation nurtured through a purposeful and high-quality educational system. In the rapidly changing conditions of modern life, the training of creative, responsible, culturally aware, and socially engaged individuals who meet the demands of the era is identified as a strategic priority in contemporary pedagogy. Within this context, the concept of social maturity acquires exceptional relevance.

The formation of social maturity in students requires that the educational process go beyond the simple delivery of academic knowledge. A pupil or student must acquire a set of competencies and personal qualities, including:

Independent thinking and critical reasoning;

Problem-solving and decision-making skills in real-life contexts;

Effective communication and interaction in various social settings;

Behavioral adaptability and emotional self-regulation;

The ability to assume and successfully perform social roles, including responsibility for personal and collective outcomes.

It is precisely through the integration of these components that an individual's social maturity is shaped. In the era of globalization, the successful adaptation of young people to the complexities of social life requires not only professional

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and intellectual competencies but also a deep internalization of national and universal values, an active citizenship stance, and the capacity to navigate diverse social environments with confidence and resilience.

Therefore, the development of social maturity should be recognized as a comprehensive and multidimensional task that extends beyond the responsibility of teachers and educational institutions. It is a shared mission of families, communities, and society as a whole, ensuring that the younger generation evolves into socially competent and morally responsible citizens capable of contributing meaningfully to the sustainable development of their nation..

Zhuravlev L. mainly by increasing the psychological approach to the understanding of social maturity, emphasizes that this phenomenon is sufficient to solve the problems of education and upbringing. Social maturity is based on the principle of the unity of consciousness and activity, and self-development in learning cannot be achieved without the corresponding need. The social formation of maturity is the continuous formation of a person as a subject of knowledge and activity, starting with play and learning and ending with professional work. In addition, the development of maturity can occur in the process of transition from play to learning, changing different types of activities, teaching, training and retraining. Based on this, the process of forming the social maturity of students can be manifested as a process of personality formation and development under the influence of learning and working activities, education, cultural elements, norms, values and social roles necessary for society in general. According to A.L. Juravlev, social maturity is formed and develops at every age, that is, from early childhood, children enter the social society through play, thus the child gradually expands the qualities of maturity by fulfilling social roles [2].

Education is one of the most important means of improving personal social skills. Education provides direct and indirect opportunities for students and young people to develop their social skills at school or in after-school clubs, for students to communicate with other students/people, to build relationships with friends, teachers and other students of different ages and cultures, and to improve their skills in different environmental settings. Therefore, social development / well-being is related to the ability to successfully interact with others in educational and school settings. This includes showing respect to others and to

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yourself. This includes acquiring good communication skills, developing deep friendships, and building a support network of family and friends, all of which are developed and enriched by the education system.

In order to form social maturity in the educational process, it is necessary to pay attention to the following directions:

1. Moral education - directing students to universal values such as honesty, respect, patience, justice;

2. Development of communication skills - teaching to establish a positive relationship with peers, teachers, parents;

3. Teaching to work in cooperation - development of social adaptation through group work, collective projects;

4. Making independent decisions in problematic situations - forming students' critical thinking and sense of responsibility;

5. Respecting cultural and national values - educating citizens with self-awareness and national pride [3].

The development of social maturity is of great importance not only in the personal life of students, but also in finding their place in society, in their professional and civil activities in the future. Therefore, it is necessary for every pedagogue to set the main principle of his activity to educate the student to become socially mature.

If the teacher, parents, society and the state cooperate in the formation of social maturity, this will help the young generation grow up as a perfect person. As a result, the ground is created for the formation of a socially stable, cultured and progressive society.

Education has asignificant role in making the individual mentally strong, so that he can adjust himself to the world around him exhibiting competence, developing satisfaction and socially considerable performance required for his life. Student has the need to think for active learning, which varies with the quality of his mental health. The positive or negative dimension of personality makes a big difference in student's activities and delights. Mentally healthy students are considered to be productive, as they enjoy learning and good at self-expression, feel knowledgeable and feel esteemed, sustain their efficiency under stress, and find fulfillment in complementary efforts aim towards goals. In

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contrast, maladjusted students tend to achieve less rather, make incessant affinitive demands, feel inferior and guilty, break down under stress, and withdraw from the group determination. To avoid the loss of esteem, they fear and the anxiety they feel, they acquire various self-defeating and socially oblivious, self-defensive adjustments. Effective academic learning requires high and sustained intellectual efficiency, which requires high mental health. These difficulties can lead to academic backwardness in specific school subject areas. Students facing such problems in learning science are referred as learning difficulties in science. An attempt is made in this research work to identify the learning difficulties in science among the secondary school students [4].

Summary

Social maturity in education is clearly manifested in the daily learning and upbringing process, in the communication between teachers and students, in extracurricular activities, in the student's behavior, responsibility, compromise and adherence to moral standards.

One of the main tasks of the modern education system is to educate a person not only as an educated person, but also as a morally mature, socially active and cultured person. From this point of view, the formation of social maturity in the educational process is considered an important pedagogical task. Social maturity is manifested in a person's ability to communicate, work cooperatively, respect the opinions of others, have empathy, responsibility and civic consciousness.

In order to form these qualities in education, teachers should effectively use interactive methods, group work, debates, moral education classes and social projects. After all, a socially mature person is a person who is useful not only for himself, but also for the development of society. Therefore, it is necessary for every pedagogue to see the development of social maturity as an integral part of the educational process and to be in constant search on this path.

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