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## COMPETENCY-BASED APPROACH AND ISSUES OF SELF-EDUCATION IN MODERN EDUCATION

Jakbarova Surayyo Tangirberganovna

Teacher of the Department of "Special Pedagogy" of the New Age University

surayyojakbarova356@gmail.com

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### Abstract

This article analyzes the theoretical and methodological foundations of the competency-based approach in the modern education system and the issues of forming self-education competence. In particular, it covers pedagogical mechanisms for directing the educational process to results, developing independent thinking, reflection, self-assessment and self-management skills in students. The article presents scientific conclusions on effective methods and prospects for developing self-education competence.

**Keywords:** Competency-based approach, self-education, reflection, independent thinking, personal development, educational effectiveness, pedagogical technologies, functional literacy.

### Introduction

In today's globalization and informatization, one of the priority tasks facing the education system is to form an independent-thinking, responsible and self-reliant individual. In this regard, the competency-based approach is gaining special importance in modern education. This approach implies not only the acquisition of knowledge, skills and competencies, but also the ability to apply them in practical activities. In particular, the development of self-education competence is one of the urgent issues of today's education system.

The development of modern society, the development of science and technology are placing completely new demands on the education system. Now the educational process is not limited to the provision of knowledge, but also involves



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the comprehensive development of the individual, his preparation for independent life, and the formation of a socially active and responsible citizen. In this regard, the competency-based approach is recognized as one of the priority concepts of modern education. At the same time, the competency-based approach also requires the formation of the individual's need for self-development. The competence of self-education is the process of the student's striving for personal perfection through setting goals, planning, monitoring and evaluating his activities.

### **Main Part**

This competence is an important component of the educational process, which prepares the student for lifelong learning. Theoretical foundations of the competency-based approach. The competency-based approach is based on the orientation of the educational process to the result. In the traditional approach, it is considered sufficient for a student to master a certain amount of knowledge, while in the competency model, the ability of a person to act independently in real-life situations is defined as an important criterion. International studies, including the PISA programs implemented by the OECD, are also aimed at assessing the functional literacy and life competencies of students. This shows that in modern education, not only the theoretical preparation of a person, but also the ability to solve problems, think critically and make decisions is of paramount importance. The concept of competency includes a combination of knowledge, skills, values, and personal qualities. Therefore, self-education is also a complex integrative quality that is formed within the framework of the competency-based approach.

The pedagogical essence of self-education. Self-education is the process of a person setting goals for himself, analyzing his actions, realizing his shortcomings and striving to eliminate them. This process requires conscious, purposeful and systematic activity. The issue of self-improvement also occupied an important place in the heritage of Eastern thinkers. For example, Abu Nasr Al-Farabi emphasized that human perfection is manifested in the harmony of moral and intellectual education. In his opinion, a mature person is a person who can control his ego and consciously strives for goodness.



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Pedagogical foundations of self-education competence

Self-education is a person's conscious work on himself, analysis of his behavior and activities, setting goals and striving to realize his inner potential. In modern pedagogy, this process is carried out through mechanisms such as reflection, self-assessment, self-management, and self-motivation. The competence of self-education consists of the following components:

Motivational component (system of internal needs and goals);

Cognitive component (ability to understand and analyze oneself);

Activity component (management and planning of one's own behavior);

Reflective component (evaluation and correction of one's own activities). The combination of these components ensures the personal and social maturity of the student.

Mechanisms for the formation of self-education based on a competency-based approach, the following pedagogical conditions are of great importance for the development of self-education competence in the modern educational process:

First, the use of problem-based learning and interactive methods. Problem situations encourage the student to think independently and look for alternative solutions.

Secondly, organizing reflective activities. Analyzing one's own activities at the end of the lesson, identifying achievements and shortcomings, deepens the student's self-awareness.

Thirdly, determining an individual educational trajectory. Organizing education based on the interests, needs and abilities of each student increases motivation for self-development.

Fourthly, using modern forms of assessment. Formative assessment, peer assessment and self-assessment mechanisms strengthen student responsibility.

In modern pedagogy, self-education is manifested through the skills of self-awareness, reflection, self-assessment and self-management. This competence creates the basis for the student's independent education and self-development throughout life. Ways to develop self-education in the modern educational process, the formation of self-education based on a competency-based approach require a number of pedagogical conditions.



1. Creating a reflective environment. During the lesson, it is necessary to give students the opportunity to freely express their opinions and analyze their own activities.
2. Developing goal-setting and planning skills. Each student should learn to set short- and long-term goals.
3. Organizing education based on problem situations. Tasks close to real life increase the student's ability to make independent decisions.
4. Introducing self-assessment and mutual assessment mechanisms. This process strengthens personal responsibility.
5. Ensuring an individual approach. Organizing education based on the interests, needs and capabilities of each student strengthens motivation for self-development.

Practice shows that the full implementation of the competency-based approach still faces some difficulties. In particular, the traditional nature of the assessment system, insufficient methodological training of teachers, and excessive workload hinder the effective development of self-educational competencies. Therefore, it is necessary to modernize the educational process, retrain teachers, and widely introduce innovative methods. In the future, digital educational technologies and



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artificial intelligence tools can also serve as an important factor in determining the individual development trajectory of students.

### **Conclusion**

The competency-based approach in modern education is aimed at the comprehensive development of the individual, in which the competence of self-education occupies a central place. The formation of a person who can work on himself, analyze his activities and make independent decisions is the main goal of the education system. Therefore, through the effective implementation of the competency-based approach, it is possible to raise a generation that is not only knowledgeable, but also responsible, proactive and ready to learn throughout life.

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